



BlueCross BlueShield of Texas



ICD-10-CM Z Codes for Social Determinants of Health

To help track and address our members' social needs, we encourage you to document their social needs using Social Determinants of Health ICD-10-CM Z codes on the claims you submit to Blue Cross and Blue Shield of Texas. Any clinician can document a person's social needs, including physicians, nurses, social workers, community health workers, case managers or other providers.

What Are Social Determinants of Health?

Social determinants of health refer to the economic, social, and environmental conditions beyond clinical care – as well as the systems, cultures, and technologies – that influence a person's overall health and well-being. These non-medical drivers directly impact individuals' ability to achieve their best possible health outcomes.

Using Social Determinants of Health ICD-10-CM Z Codes

Social determinants of health can influence a patient's ability or willingness to follow a recommended treatment. That's why adopting a "whole-person" approach to care is essential. Capturing ICD-10-CM Z code data allows us to better understand each patient's unique social needs and connect them with the appropriate resources and support.

What You Can Do

- **Educate** staff on the need to screen, document and code data on patients' social determinants of health needs.
- **Ask** about social determinants of health needs. Patients may not know to discuss non-medical issues with health care providers and may need to be prompted.
- **Document** any social determinants of health needs and assign the appropriate ICD-10-CM code to report on claims.

To learn more, see the Centers for Medicare & Medicaid Services' **"Using Z Codes."**



Z55 – Problems related to education and literacy

Z55.5 Less than a high school diploma

Z55.6 Problems related to health literacy

Z56 – Problems related to employment and unemployment

Z57 – Occupational exposure to risk factors

Z58 – Problems related to physical environment

Z58.6 Inadequate drinking-water supply

Z58.8 Other problems related to physical environment

Z58.81 Basic services unavailable in physical environment

Z58.89 Other problems related to physical environment

Z59 – Problems related to housing and economic circumstances

Z59.0 Homelessness unspecified

Z59.01 Sheltered homelessness

Z59.02 Unsheltered homelessness

Z59.1 Inadequate housing

Z59.11 Inadequate housing environmental temperature

Z59.12 Inadequate housing utilities

Z59.19 Other inadequate housing

Z59.4 Lack of adequate food

Z59.41 Food insecurity

Z59.48 Other specified lack of adequate food

Z60 – Problems related to social environment

Z62 – Problems related to upbringing

Z62.2 Upbringing away from parents

Z62.23 Child in custody of non-parental relative

Z62.24 Child in custody of non-relative guardian

Z62.8 Other specified problems related to upbringing

Z62.814 Personal history of child financial abuse

Z62.815 Personal history of intimate partner abuse in childhood

Z62.820 Parent-biological child conflict

Z62.823 Parent-step child conflict

Z62.83 Non-parental relative or guardian-child conflict

Z62.831 Non-parental relative-child conflict

Z62.832 Non-relative guardian-child conflict

Z62.833 Group home staff-child conflict

Z62.892 Runaway (from current living environment)

Z62.898 Other specified problems related to upbringing

Z63 – Other problems related to primary support group, including family circumstances

Z64 – Problems related to certain psychosocial circumstance

Z65 – Problems related to other psychosocial circumstances

Source: American Hospital Association **ICD-10-CM Coding for Social Determinants of Health**

The material presented here is for informational/educational purposes only, is not intended to be medical advice or a definitive source for coding claims and is not a substitute for the independent medical judgment of a physician or other health care provider. Health care providers are encouraged to exercise their own independent medical judgment based upon their evaluation of their patients' conditions and all available information, and to submit claims using the most appropriate code(s) based upon the medical record documentation and coding guidelines and reference materials. References to other third-party sources or organizations are not a representation, warranty or endorsement of such organization.

The information provided does not constitute coding or legal advice.